



Stand Up For
Cameroon

Combating COVID-19 in Cameroon

Proposal for an Action Plan for the
Municipalities

April 1st 2020



COVID-19 in Cameroon

- Cameroon is following the same trajectory as other countries.
- It is the 29th day since the first case was reported.
- Very few people have been tested.



COVID-19 in Douala II

- The virus has already been here for several weeks or more likely months
- The virus is spreading exponentially.
- Approximately 15% of cases require hospitalization.
- Approximately 5% of cases require assisted breathing.
- The case-fatality rate is 3 to 8%.

- Multiply the number of cases x10 for high testing countries and x50 for low-testing countries.
- The number of cases doubles approximately every 2 days. Multiply by 2 to the 5th power to get an estimate of 2 weeks estimate, Multiply by 2 to the 10th power to the estimate for one month.
- Out of this population of cases about 15% will need hospitalization, while 5% will need a respirator.



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What a municipality can expect

38

cases
confirmed in
Douala on
29th March
2020

Scenarios ↓	Estimated number of actual cases	x2 to the 5 th power situation as at 12 April	15% requiring hospitalization	5% needing breathe assistance
Best case x10	380	12 160	1 824	92
Medium case x30	1140	36 480	5 472	274
Worst case x50	1900	60 800	9 120	456
A district of the city– Pop. 261 407 sur 1 931 977 (soit 13,5%)				
Best case x10	53	1642	246	12
Medium case x30	154	4925	739	37
Worst case x50	257	8208	1232	62

The model used for the calculation is based on a western country. Demographics and other factors for Cameroon are different. This table is NOT for publication. It is only used to obtain an idea of the order of magnitude.



standforcameroon@gmail.com



@Stand4Cameroon



StandUp4Cameroon



657 87 1158



Management Approach of COVID-19 for a Municipality in Cameroon



Some Key Principles

Solidarity

- The crisis affects everyone. It is only possible to win against COVID-19, if the whole of society is involved in the response.
- The entire society has ideas, resources and skills. We need to mobilize across all sectors and groups to provide the answer.

Protection

We're only as strong as our weakest link. The most vulnerable and most at risk must be addressed first.

Multiform

- The crisis is , a health, an economic and a security crisis.
- It is necessary to provide solutions at all levels



Global Approach

Strategy

4

Coordination

Prevention

Care

Security



COORDINATION





Coordination

General Coordination Unit Council, Health, Economy, Transport, Finance, Safety, Citizens

Medical Crisis Unit
Director of Hospital, Head of Health District, Doctors, Regional COVID-19 Unit, Doctors' Associations, Pharmacists' Associations, Medical Staff, Pharmacy Staff

Communication Unit
Council, public & private media, online media

Unit of Neighborhood Leaders

Economic Unit
Economic Operators, Market Managers, Financial Institutions

Security Unit
Municipal Police, City Police, Neighborhood Volunteers

Database Management



Baseline Information

In order to provide a solution commensurate with the crisis and the city, information, statistics and analyses are crucial.

Population	Assembly Points	Health Structures	Economic Actors
<ul style="list-style-type: none"> • Neighborhood and block grid • Different categories of the population and their representation • Socio-professional categories • Ethnic Groups • Religious Groups • Grassroots Leaders 	<ul style="list-style-type: none"> • Markets • Stations • Supermarkets • Motorcycle taxi points 	<p><u>Structures</u></p> <ul style="list-style-type: none"> • Hospitals • Health Centres • Clinics <p><u>Staff</u></p> <ul style="list-style-type: none"> • No. of health personnel • Specialized personnel <p><u>Equipment</u></p> <ul style="list-style-type: none"> • No. of reanimation rooms • Respirators • Scanners • Tests, gloves, masks, etc.... 	<ul style="list-style-type: none"> • Large Enterprises • Major Retailers • Agencies of multinationals <ul style="list-style-type: none"> • Identification of economic actors who can contribute: • 10M fcfa • 5 M fcfa • 1 M fcfa • Economic structures of the State to support companies.



Coordination

1. The baseline information will allow the selection of the best people for the coordination units.
2. All work must be voluntary
3. The coordinating units will have to hold daily meetings
4. All the work has to be virtual - via different platforms on the internet.

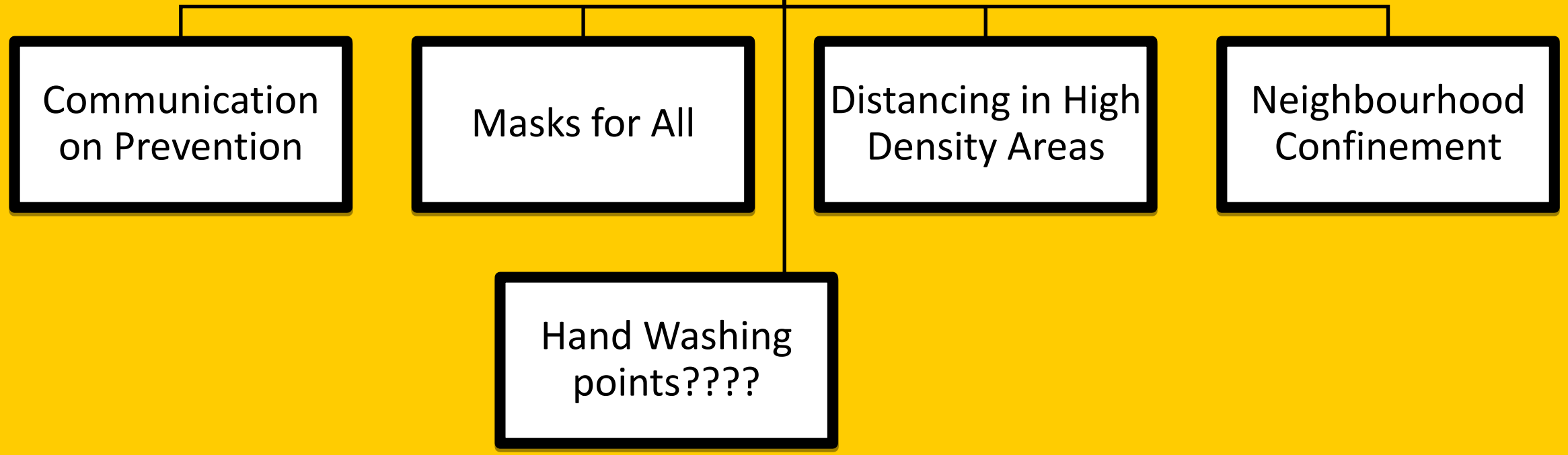


PREVENTION





Prevention



Prevention

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Volet	Description
Communication on Prevention	<ul style="list-style-type: none">• Setting up a dedicated team• Development of a daily communication strategy• Creation of a group of volunteer journalists whose media directly reach Douala 2nd
Masks for All	<ul style="list-style-type: none">• Objective 1: All health personnel in the municipality have masks.• Objective 2: Every citizen of the municipality wears a mask during their compulsory outings.• Mobilization of funds for the manufacture of masks• Distribution of masks free of charge to citizens.• Mask control in crowded areas and neighborhoods.
Hand Washing Points ?? (Water supply????)	<ul style="list-style-type: none">• Mobilization of funds for washing points• Installation of washing points in all high-traffic areas
Social Distancing	<ul style="list-style-type: none">• Objective 1: Reduce the likelihood that people will continue to go out.• Organization of a rotation to the places of great affluence - markets, motorcycle points, etc. Self-organization to carry out an activity 50% of the time• Distancing in public spaces - see Indian example.



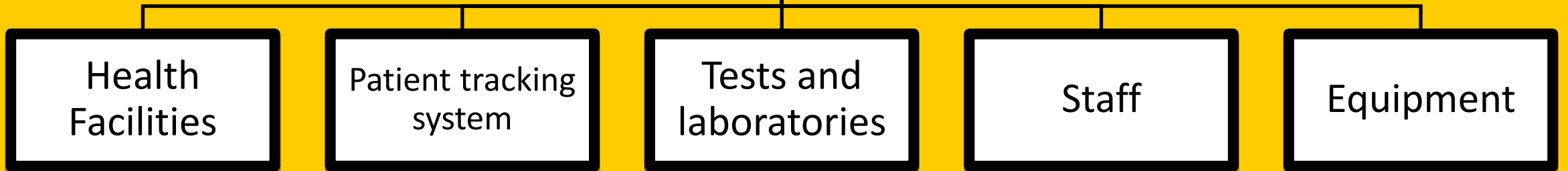
CARE





Care

5 Aspects





Care

Aspect	Description
Health Structures	<ul style="list-style-type: none">• Identification and categorization• Basic sheet on each structure• Identification of a COVID-19 focal point in each structure• Mobilization of funds• Establishment of one or more isolation structures with a capacity of at least XXX persons• Setting up of one or more resuscitation structures capable of accommodating at least XX people.
Patient tracking system	<ul style="list-style-type: none">• Implementation of a patient tracking system based on:<ul style="list-style-type: none">• City grid - neighborhoods and blocks• Establishment of a municipal emergency line connected to the national line• Development of a database with patient categorization
Tests and Laboratories	<ul style="list-style-type: none">• Negotiation and coordination with the regional coordination unit COVID-19 to obtain tests for at least XXX people during the week of April 1-7.• Negotiations between the Municipal Medical Unit and the regional coordination unit to carry out on-site tests in the Municipality



Care

Aspect	Description
Staff	<ul style="list-style-type: none">• Census and categorization of all medical personnel• Training of health facility managers• Training of medical staff by category• Facilitating access to online training for staff• Ensure access to protective equipment: masks and gloves for medical staff
Equipment	<ul style="list-style-type: none">• Identification of key equipment: scanners, respirators, etc.• Definition of protocols for access to all available equipment<ul style="list-style-type: none">• User fees covered by the State• Guarantees in case of breakdown• Etc.



SECURITY





SECURITY MESURES

- Use baseline data to map densely populated places
 - ✓ Popular areas, Markets, Bus stations
- Train mixed units (national police, municipal police and those in charge of neighborhoods/markets/blocks...) on population control without brutality or repression.
- Setting up of mixed units for awareness-raising and monitoring compliance with protection instructions
 - ✓ Social distancing, dispersal of crowds, prohibition of overloading
 - ✓ Encouraging the use of masks
- Establishment of a monitoring program
 - ✓ Patrol Program
- Setting up neighborhood watch committees with the population.
- ***Elected officials must monitor to ensure that there is no abuse of power. This is about ensuring the safety of the people, not repressing them or violating their rights!***



CONSOLIDATED GLOBAL ACTION PLAN



Action Plan (Days 1 & 2)

Day	Key Actions
1	<ul style="list-style-type: none">• Collect Baseline Information• Establish the General Coordination Unit• Set up of the Medical Coordination Cell• Inform the regional coordination unit COVID-19 and negotiate the various key points
2	<ul style="list-style-type: none">• Establish the first support fund• Set up communication, economic and security cells• Meet with the Regional Coordination Unit• Develop the communication strategy• Develop the social distancing strategy• Develop the city grid system• Develop the Neighborhood Confinement System• Develop the patient tracking system for the Municipality



Action Plan (Days 3 & 4)

Day	Key Actions
3	<ul style="list-style-type: none">• Press conference for the announcement of the municipal strategy to combat COVID-19• Call for the mobilization of human, financial, material, etc. resources.• Launch the production of masks• Start production of the hand-washing points• Train health facility managers• Launch daily prevention communication
4	<ul style="list-style-type: none">• Launch train for all health personnel• Negotiate with companies for a COVID19 Toll-free Line for the Municipality• Launch training for neighborhood leaders• Initiate training for security personnel

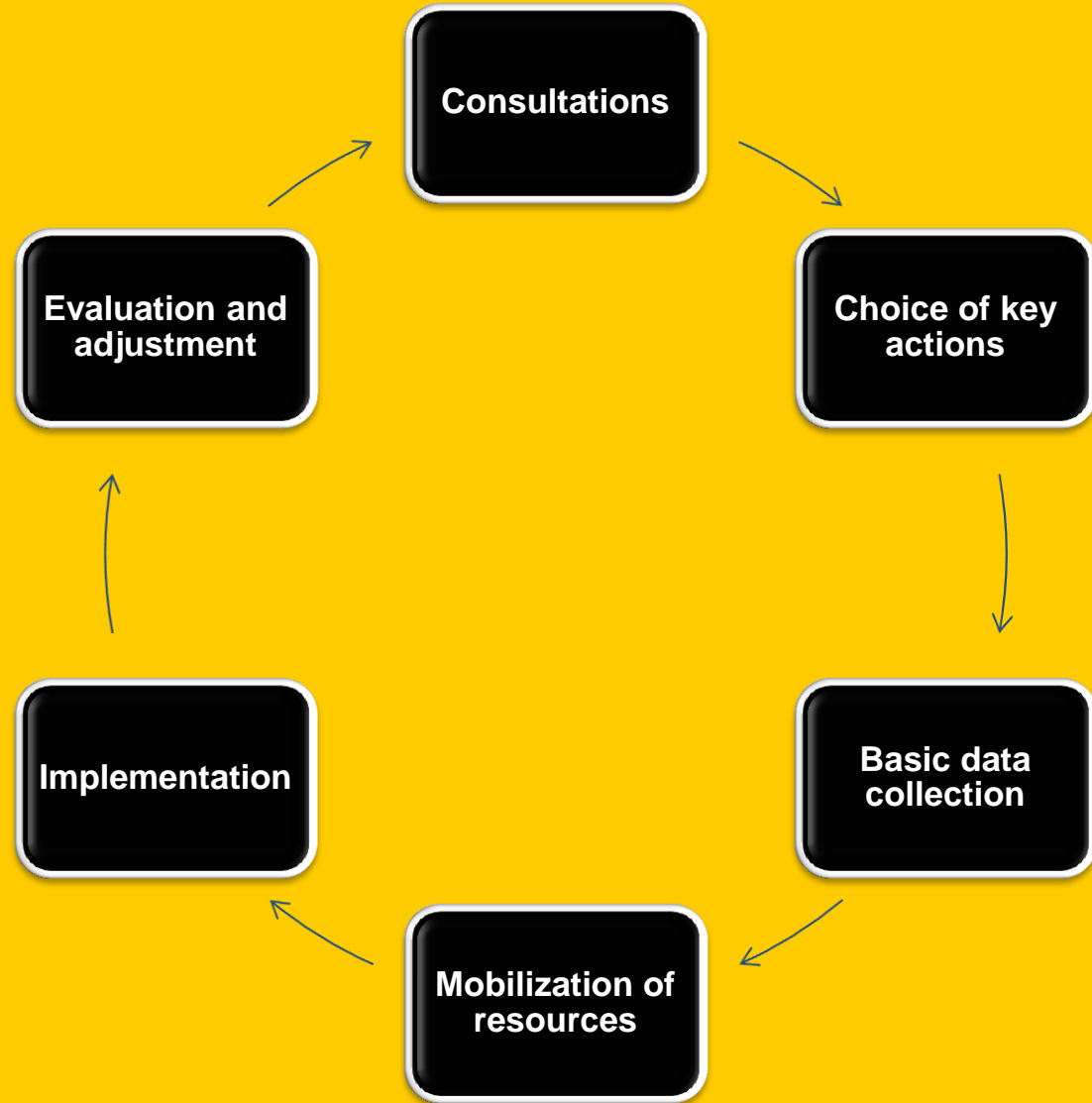


Action Plan (Days 5 to 10)

Day	Key Actions
5	<ul style="list-style-type: none">• Monitor the implementation of social distancing• Monitor the implementation of neighborhood confinement• Monitor the actual progress of all training programs• Assessment and adjustment meeting
6 to 10	<ul style="list-style-type: none">• Implement the approach• Check and adjust the various elements• Resource mobilization• Patient Care Management• Daily reporting



The approach in a nutshell





STAND UP FOR CAMEROON is available to contribute to finding and implementing effective solutions to this COVID19 crisis

TOGETHER WE ARE STRONGER!